## October is Breast Cancer Awareness Month

When breast cancer is detected early, and is in the localized stage,

the 5-year relative survival rate is 100%.

The best way to fight breast cancer is to have a plan that helps you detect the disease in its early stages. Create your Early Detection Plan to receive reminders to do breast self-exams, and schedule your clinical breast exams and mammograms based on your age and health history. Start now by creating a FREE Early Detection Plan at earlydetectionplan.org



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Sebasticook Valley Health Pittsfield, Newport, Clinton	H & R Block Dover-Foxcroft	<b>Dunkin'</b> <b>Donuts</b> Dexter, Dover-Foxcroft, Palmyra	Varney Chevrolet Pittsfield
Ted's Master	Bud's	Harris Drug	Dexter Print
Cleaning	Shop 'n Save	Store	Shop
Dover-Foxcroft	<sub>Dexter</sub>	Greenville	Dexter
<b>Blackwell</b>	Newport	<b>Dexter American</b>	<b>Kimball</b>
Insurance	Fireworks	<b>Legion</b>	Insurance
Dexter • Corinth	Newport	Dexter	<sub>Guilford</sub>
C.A. Dean Memorial Hospital <sub>Greenville</sub>	Dexter Variety Dexter	Lovell's Hardware <sub>Guilford</sub>	Macomber Electric Dexter
<b>Gerry's</b> <b>Used Cars</b> Corinna	Guilford Motors Guilford	The Noreaster Dover-Foxcroft	4 Seaons Floral Newport
A-Plus	Rowell's	Plum Creek	Brooks Tire &
Motors	Garage	Timber Company	Auto Sales
Alton	Dover-Foxcroft	Creenville	Dexter
Theriault Property	Through the	Town of	Moosehead Trail
Management	Garden Gate	Exeter	Home & Hearth
Rockwood	Corinna	Exeter	<sub>Guilford</sub>
H. A. Higgins Charleston	Harmon's Oil <sup>Milo</sup>	Berg Activewear Corinna	Town of Milo <sup>Milo</sup>
Steinke & Caruso Dental Care Dover-Foxcroft	Hartley's Newport	Dexter Health Care Dexter	NAPA Auto Parts Dover-Foxcroft, Guilford, Milo
Al Benner	All Aboard	The Crafty	Perkco
Homes	Restaurant	Space	Supply
Holden	Dexter	Dexter	Exeter
King's Appliances	Sebasticook	Foxcroft	Earl Gerrish &
& Floor Coverings	Valley FCU	Veterinary Clinic	Sons, Inc.
Newport	Pittsfield, Newport	Dover-Dover-Foxcroft	Brownville
Newport Eye	Abbott Hill	Tillson	Ingraham
Care	Apartments	True Value	Equipment Co.
Newport	Dexter	<sub>Dexter</sub>	<sub>Knox</sub>
Dexter Sales &	Prouty Auto	C & R General	Whitney's Family
Service	Body	Store	Supermarket
Dexter	Dover-Foxcroft	Harmony	Corinth
MHFCU Dexter, Dover-Foxcroft, Brownville, Guilford, Greenivlle	K&J Auto Sales Corinna	Ladd Brothers Engineworks Sebec	Lumbra Hardwood, Inc. <sup>Milo</sup>

The Eastern Gazette and the businesses above each year contribute to local hospitals in support of their efforts.